

THE LIVE WIRE

CAMPBELL COUNTY PARKS AND RECREATION
SENIOR NEWSLETTER

Birthdays

JUNE

Janie Bailess	Carolyn Hitner
Janet Brandt	Sharon Jambard
Nellie Breeden	Bertha Jones
Vernice Culpeper	Edith McCann
Yvonne Dunford	June Myers
Edith Edward	Mickie Pasanen
Eunice Green	Mattie Scott
Elizabeth Hall	Delores Taylor
Joyce Hing	Evan Thompson



COVID-19 Scheduling Changes

As of March 23, 2020, all Recreation Department Senior programs are cancelled until further notice. Staff will continue to update our Senior Center members and other groups on schedule changes due to COVID-19. The Department continues to follow guidance from local and state officials, as well as the Centers for Disease Control (CDC). Your continued support and patience is appreciated as staff works through this ongoing situation.

What's inside:

- CENTER SCHEDULES
- UPCOMING EVENTS
- POINTS OF INTEREST
- FUN AND GAMES

May 2020 Center Schedules



All centers are closed until further notice!!



We want to thank all the Senior Coordinators during this time!

They are doing their very best to keep in touch with each one of you on a weekly/bi-weekly schedule.
If you have any questions or concerns make sure to write them down and ask them when they call.

Altavista Center
104 Avoca Lane, Altavista, VA
Coordinator: Rose Epperson

Wed. June 3 - No meeting due to COVID-19

Sat. June 10 - No meeting due to COVID-19

Wed. June 17 - Meet at the center at 12:00pm for pizza lunch and planning

Wed. June 24 - Meet at English Park at 12:00pm. Bring a picnic lunch and chair if you'd like.

Concord Center
327 Midget Farm Rd. Concord, VA
Coordinator: Brenda Walsh

Mon. June 1 - Board Meeting 10:00 a.m. - 12:00 p.m. at the center

Wed. June 3 - Exercise 9:00 a.m. to 10:00 a.m., Devotion by Henry Horne, Business Meeting and Lunch Covered Dish

Sat. June 6 - Bingo at Spout Spring Ruritan Club, 11:00 a.m. lunch & bingo fun for all

Wed. June 10 - Exercise 9:00 a.m. to 10:00 a.m., Devotion by Joyce Hing, Celebrate Birthday's, Health Talk with Dottie and Lunch

Wed. June 17 - Exercise 9:00 a.m. - 10:00 a.m., Devotion by Isabelle Patterson, Day of Sharing Canned Goods for Max's Kitchen, Fun & Games and Bagged Lunch

Wed. 24 - Day Trip!

Timberlake Center
21129 Timberlake Rd. Lynchburg, VA
Coordinator: Brenda Walsh

Tues. June 2 - Exercise 9:30 a.m. to 10:00 a.m., Devotions, Business Meeting, Summer Craft, Picnic Lunch, Fun & Games

Tues. June 2 - Bingo at Spout Spring Ruritan Club

Tues. June 9 - Exercise 9:30 to 10:00 a.m., Devotions, Special Guest Blue Grass

Tues. June 16 - Exercise 9:30-10:00 a.m., Devotions, Coupon Clipping, Bagged Lunch

Tues. June 23 - Exercise 9:30 a.m. to 10:00 a.m., Devotions, Health Talk, Lunch

Gladys/Long Island Center
3070 Long Island Rd. Gladys, VA
Coordinator: Marilyn Bryant

**New Location
Coming Soon!**

All centers are closed until further notice!!

Upcoming Events

More information coming soon on these events!



Save the Date

**Campbell County
Senior Center Picnic**

SEPTEMBER 22, 2020

WATERLICK MOOSE LODGE



Mark your calendars!

SENIOR AWARENESS DAY
will be POSTPONED until 2021

Look for more information in the new year!

Call: 434-332-9570 Email: recreation@campbellcountyva.gov

All centers are closed until further notice!!

Points of Interest

**"DON'T FORGET TO
SMILE TODAY"**



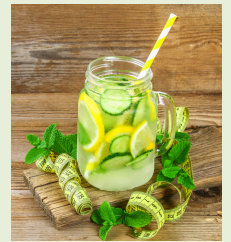
Tips to Remember During the Summer Months:

- Keep Hydrated
- Stay Cool
- Dress Appropriately
- Wear Sunscreen
- Protect Your Eyes
- Use Bug Spray



What can I add to my water for some flavor?

- Orange Slices
- Mint Leaves
- Lemon
- Cut Strawberries
- Cucumber Slices
- Berries



BLACKBERRY NECTARINE PIE

Ingredients

- 1/4 Cup of Cornstarch
- 1 Can (12 Ounces) Frozen Apple Juice Concentrate, Thawed
- 2 Cups Fresh Blackberries, Divided
- 5 Medium Nectarines, Peeled and Coarsely Chopped
- 1 Graham-Cracker Crust (8 Inches)
- Whipped Topping (Optional)

Directions

In a small saucepan, mix cornstarch and apple juice concentrate until smooth. Bring to a boil. Add 1/2 cup blackberries; cook and stir 2 minutes or until thickened. Remove from heat.

In a large bowl, toss nectarines with remaining blackberries; transfer to crust. Pour apple juice mixture over fruit (crust will be full). Refrigerate, covered, 8 hours or overnight. If desired, serve with whipped topping.

HOLIDAYS IN JUNE

June 14 - D-Day

June 21 - Father's Day



Visit: <http://www.campbellcountyva.gov/275/Parks-and-Recreation>

All centers are closed until further notice!!

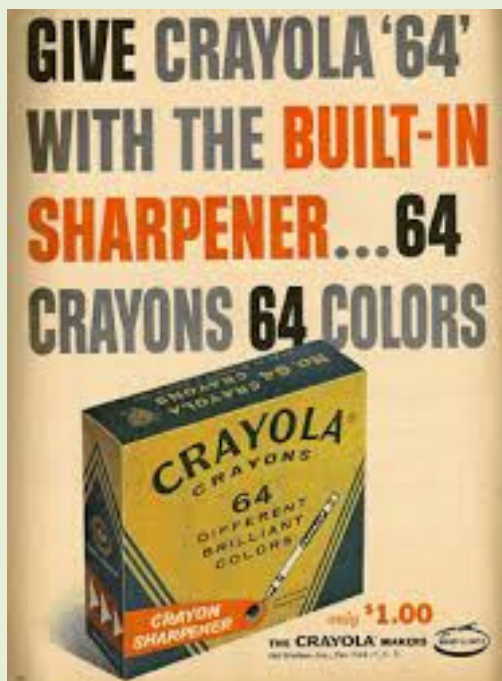
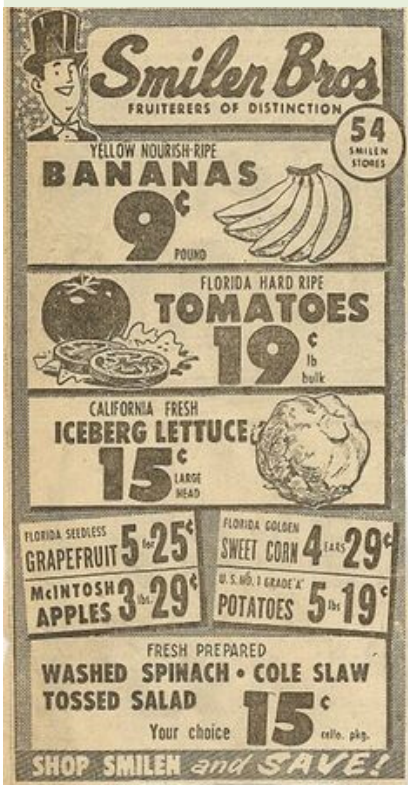
Fun and Games

Riddles

1. If you ask your father, "What's on the T.V.," what would his answer be?
2. How would your dad say is the best way to count cows?

Answers **1. Dust** **2. A Cowculator**

Remember When...



SHORT FUNNY SAYINGS

For my summer diet, I start with a nice big salad bowl...and then fill it with ice cream

Instead of the John I call my bathroom the Jim! That way it sounds better when I say, "I use the Jim first thing every morning"

"Why is it the one that snores the loudest is always the first to fall asleep?"

With age comes wisdom, huh? Apparently, "wisdom" weighs about 40 pounds



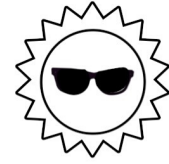
Visit: <http://www.campbellcountyva.gov/275/Parks-and-Recreation>

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Fun and Games

SUMMER

WORD SEARCH



A	R	E	F	J	E	T	R	I	S	U	M	M	E	R	M	I	S
U	S	E	S	T	O	R	Y	W	H	P	P	O	O	I	N	O	V
P	E	T	F	U	N	O	I	W	O	S	R	K	T	B	H	S	M
S	E	A	N	I	V	M	R	U	R	N	V	I	N	A	R	E	T
R	M	T	O	L	M	I	D	O	T	T	P	A	N	U	L	D	I
C	A	M	P	I	N	G	R	O	S	P	O	S	Y	K	R	M	Y
P	X	O	N	E	E	U	I	L	K	T	O	H	N	U	F	N	N
L	N	G	F	S	C	R	C	I	N	P	L	V	K	D	P	S	Z
E	J	A	S	U	D	G	U	H	B	L	H	O	T	Q	N	K	V
I	V	W	S	E	R	Y	M	Z	R	K	R	J	G	S	U	M	A
L	L	X	A	E	U	O	R	E	L	K	N	I	R	P	S	F	C
F	R	U	I	T	L	G	L	N	G	T	H	A	P	O	T	D	A
S	S	M	R	D	E	X	H	V	N	O	O	I	A	P	H	J	T
S	A	D	E	O	P	R	E	H	R	B	U	E	K	S	I	O	I
P	I	T	D	F	I	O	M	W	V	T	K	L	B	I	I	S	O
D	T	K	I	O	R	T	D	E	C	L	E	F	O	C	N	G	N
G	R	A	S	S	S	O	Y	A	L	P	I	S	S	L	S	G	N
U	V	U	T	C	N	S	L	E	M	O	N	A	D	E	N	H	I
S	F	I	U	T	P	F	O	I	L	O	N	E	O	W	Y	A	T
R	T	R	O	A	D	T	R	I	P	I	C	N	I	C	S	R	U

summer
pool
swimming
camping

fun
sun
grass
outside

hot
sprinkler
picnic
road trip

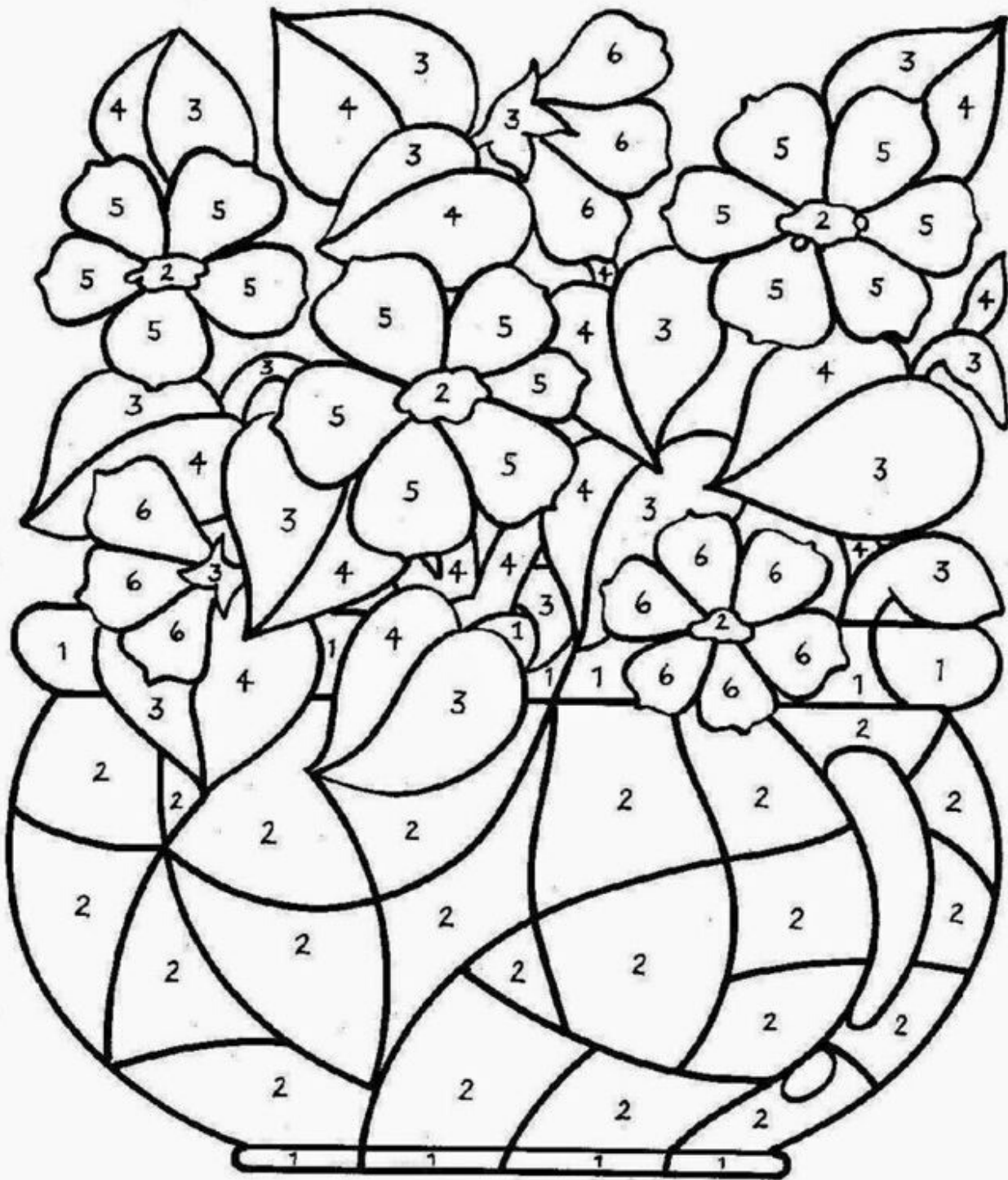
shorts
vacation
watermelon
play

fruit
hiking
popsicle
lemonade

All centers are closed until further notice!!

Fun and Games

Enjoy this color by numbers activity sheet!



1. Red 2. Yellow 3. Light Green 4. Dark Green 5. Blue 6. Purple

The Live Wire Bulletin
c/o Campbell County Recreation Department
P.O. Box 369
Rustburg, VA 24588

Campbell County Staff:

Mary Pascale - Director
Stormi Arrowood - Program Manager
Randy Nixon - Athletic Director
Amy Clark - Office Manager
Rhonda Morgan - Admin. Aide
Tiffany Johnson - Recreation Coordinator
Marilyn Bryant - Senior Coordinator
Rose Epperson - Senior Coordinator
Brenda Walsh - Senior Coordinator



Campbell County Recreation Department

@campbellcountyparksrec